

## Patients & healthcare providers' perspectives on diagnosis and management of neuropathic pain.

### Background:

A recent article in the BMJ by Chu et al (*BMJ* 2016; 354: i3883 doi: 10.1136/bmj.i3883 highlights the need for more medical conferences to actively involve patients using the slogan – **nothing about us without us**.

### Aim

Improve understanding of diagnosis and management of trigeminal neuropathic pain through interaction between sufferers of facial pain and healthcare professionals.

### Objectives

- Discuss the complexity of a diagnosis of trigeminal neuropathic pain and potential differentials
- List the relevant examination and imaging techniques that may help improve diagnosis or inform on management.
- Understand how management of trigeminal nerve injuries differs from trigeminal neuralgia.
- Recognise the differences that arise between what healthcare professionals prescribe and what patients actually do.
- Compare the different surgical options for trigeminal neuralgia.
- List additional support that can be provided for patients and healthcare providers with trigeminal neuropathic pain.

## PROGRAMME

### 09.30 - 10.00 Registration, coffee

**10.00 - 10.30** Welcome, introduction and outline of the day (Dr Kasia Guszawska, Dr Ana Poveda-Gallego and Prof Joanna Zakrzewska)

**10.10 - 11.20 Session 1** - Healthcare Professionals (HCPs) and Patients : **Diagnosis**

**10:10 - 10:20 Talk: A facial pain history** - Prof Joanna Zakrzewska, Consultant Oral Physician

**10:20 - 10:50 Demonstration of a consultation with a new patient** - Prof Zakrzewska and patient

**10:50 - 11:05** Questions from specialists' panel based on pain history and questionnaire provided by patient

**11:05 - 11:15** Questions from audience

**11.15 - 11.45 Coffee/tea break**

**11:45 - 12:00** Summary of patient case from specialist panel – proposed examination, investigations and treatment

**12:00 - 12:15 Patients:** Hearing from patients how they received their diagnosis and what support given

**12.15 - 12.45 Session 2** - HCP: **Trigeminal nerve injury and differentials** - Prof Alison Loescher

**Talk:** Pathophysiology, examination, management - long term and immediate, including trigeminal injuries following surgery

**12:45 - 13:00** Questions and answers

**13.00 - 13.45 Lunch**

**13.45 - 14.15 Session 3** - HCP & Patients: **Investigations** – Prof Turo Nurmikko

**Talk:** Role of examination (demonstration), neurophysiological testing, imaging for trigeminal neuropathic pain

**14.15 - 15.00 Session 4** - **Medical management of TN and neuropathic pain**

**TN patient groups** - facilitator: Dr Carolina dos Santos Venda Nova – What medications are patients using and why?

**HCP groups** - facilitator: Prof Joanna Zakrzewska

What medications are used for trigeminal neuropathic pain ?

**Plenary:** Feedback from groups on what have we found, are patients following the guidelines?

**Talk:** HCP & Patients: **Drug therapy for trigeminal neuralgia new guidelines** - Prof J.Zakrzewska / Prof T. Nurmikko

**15.00 - 15.30 Session 5** - HCP & Patients: **Additional support for patients and HCP** - Dr Robert Coveney

**Talk:** Psychology, information sessions, TNA UK website, trigeminal nerve injury, OUCH UK, conferences, searching the internet

**15.30 - 16.00 Tea break**

**16.00 - 16.45 Session 6** HCP + Patients :**Surgery for TN:**

Mr Owen Sparrow, Mr Imran Noorani

**Talks:** : Neurosurgical procedures for TN

**16.45 - 17.00 Panel:** questions and answers

**17.00 - 17.15 Research:** Report of a qualitative study on the experience and management of TN - Mr Cameron Werner

**17.15 - 17.30 Evaluation of conference** - feedback from all please complete the sentence:

*Reflecting back on the day, I . . . . .*

## Application form

Price includes lunch and refreshments

Please tick:

- Healthcare Professionals £ 60
- Nurses, dental undergraduates, physiotherapists and psychologists, all with ID £ 35
- Donation to TNA UK (optional) £

TOTAL £

**Payment by cheque, payable to TNA UK, via the Website or by phoning 01883 371595**

### Registration details

*Please complete in full and print clearly*

Full name: \_\_\_\_\_

Mobile No: \_\_\_\_\_

Email: \_\_\_\_\_

*Please tick this box to receive our newsletter*

Post held: \_\_\_\_\_

Main workplace: \_\_\_\_\_

GMC/GDC No. \_\_\_\_\_

Deadline for receipt of applications: 15th February 2019. *(No refunds after that date)*

Please send completed form and cheque to:

### Study Day 2019

TNA UK, P O Box 234, Oxted, Surrey RH8 8BE

Or email form and pay online via

TNA UK website shop

or by phoning 01883 371595

Please tick here if you need extra help because of a disability

What do you need, e.g. wheelchair access/ other? (please state)

Please tick here if you have any special dietary requirements (please state)

### Faculty

Dr Robert Coveney - General Dental Practitioner  
Dr Kasia Gurzawska - Clinical Lecturer in Oral Surgery  
Mr Adrian Hale - Chairman TNA UK  
Prof Alison Loescher - Consultant Oral Surgeon  
Mr Imran Noorani - Neurosurgeon NIHR  
Ms Carolina dos Santos Venda Nova - Speciality Dentist  
Prof Turo Nurmikko - Consultant Pain Neurologist  
Dr Ana Poveda-Gallego - Consultant Oral Medicine  
Mr Owen Sparrow - Consultant Neurosurgeon  
Mr Cameron Werner - PhD student  
Prof Joanna Zakrzewska - Consultant Oral Physician

### Additional reading and material

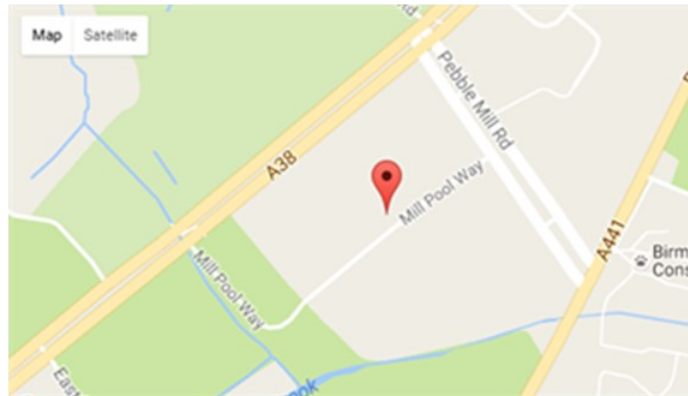
Professionals area [www.tna.org.uk](http://www.tna.org.uk)

### TRIGEMINAL NEURALGIA ASSOCIATION UK

Registered Charity No. 1155001

For further information, contact:  
TNA UK, P O Box 234  
Oxted, Surrey RH8 8BE  
[www.tna.org.uk](http://www.tna.org.uk)

For Study Day enquiries:  
Tel: 01883 371595  
[admin@tna.org.uk](mailto:admin@tna.org.uk)



### By Car:

Please enter: Sat Nav Postcode: **B5 7SA**  
There is limited parking at the hospital with charges applicable. Payment is made on leaving the car park and all major credit cards are taken.

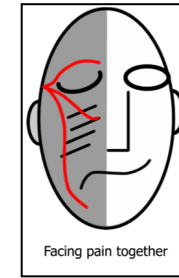
### By Train:

Nearest main line station is Birmingham New Street and buses or taxis can be used for the onward journey.

### By Bus (approx 15 mins):

From Birmingham New Street Station/City Centre:  
Buses 45 and 47 – leave every 10 minutes  
Buses 61 and 63 – leave every 7-8 minutes  
Bus X64 with limited stops – leaves every 20 mins

## Trigeminal Neuralgia Association UK



## Trigeminal Neuralgia

### 6th Study Day

**Birmingham Dental Hospital**  
**5 Mill Pool Way**  
**Birmingham**  
**B5 7EG**

**Saturday 2nd March 2019**  
**09.30 - 17.30**

Places are limited so early application is advisable

### Course organisers

Professor Joanna Zakrzewska  
Dr Kasia Gurzawska  
Dr Ana Poveda-Gallego

**6 CPD points**  
applied for from  
the RCP and the RCS